



What is it?

FitnessNZ and Skills Active have partnered to deliver workshops around New Zealand to support and stimulate the fitness industry during the recession.

How much does it cost?

FREE for:

- FitnessNZ Gym Owners/Managers
 - REPs Registered Personal Trainers
 - Skills Active Trainees and Graduates
 - Sales People at a FitnessNZ member club
- For other individuals the event is \$299 per person.

When is the Road Show being held?

- Runs from Monday 8 June to Friday 19 June 2009
- Each workshop runs from 10am to 2pm
- 10 venues nationwide

Who is the event for?

- Facility Managers and Owners
- Sales People at fitness centres/clubs
- Personal Trainers

How to book

- Visit the website www.recessionbuster.co.nz
- Fill in the booking form on the back page.

Additional Information

For more information or to book online visit www.recessionbuster.co.nz

Book: www.recessionbuster.co.nz or complete below

Name:

Workplace:

Postal Address:

City/Town:

Email:

Phone: ()

I wish to attend: (tick one)

- Facility Managers/Sales Persons Workshop
- Personal Trainers Workshop

Venue :

Registration Fee:

I am eligible for **FREE** registration (until 30th May) as a:

- Skills Active Trainee or Graduate
- Manager of a FitnessNZ member club
- Sales Person at a FitnessNZ member club
- Personal Trainer registered with REPs

For all others the registrations the fee is \$299 per person.

Registration options :

Complete this form and post to FitnessNZ with a cheque to PO Box 22114 Christchurch 8142. OR Transfer funds to 12-3011-0086800-02 with your full name as the reference

OR

Contact Skills Active, FitnessNZ or REPs to enquire about their services to obtain free registration.
FitnessNZ 0800 66 88 11
Skills Active 0508 475 4557
REPs 0800 55 44 99

FREE Registration closes 30 May 09 Register now!



Brings you the



A joint initiative to support the fitness industry during the economic recession

Proven ideas to help you survive and prosper during a recession

Attendance fee waived free for most people

see inside for details book before 30 May 09

A Must Attend Event for

- Owners
- Managers
- Sales People
- Personal Trainers

**10 venues around New Zealand
8th - 19th June 2009**



Recognised by REPs for 5 CECs

All workshops run from 10am - 2pm
and include a working lunch

North Island Dates

Auckland 1	Tuesday 9 June 2009
Auckland 2	Friday 12 June 2009
Hamilton	Wednesday 10 June 2009
Tauranga	Thursday 11 June 2009
Napier	Monday 15 June 2009
Palmerston North	Tuesday 16 June 2009
Wellington	Wednesday 17 June 2009

South Island Dates

Nelson	Thursday 18 June 2009
Christchurch	Monday 8 June 2009
Dunedin	Friday 19 June 2009



Venue details advised once
booking is received

www.recessionbuster.co.nz

Opening Address: Recession Busting and Surviving in a Recession

Topics for Facility Managers and Sales People:

- Increasing staff productivity
- How to sell during a recession
- How to cut expenses, without cutting service

Topics for Personal Trainers:

- Retaining customers/dealing with cancellations
- Thinking outside the square
- The opportunities a recession provides
- Dealing with clients reducing sessions

Closing Session: Ideas Summit - An interactive forum of ideas to take away and implement (all ideas gathered over the nationwide Road Show will be correlated into a booklet and provided to all attendees after the event. This will be an excellent resource and tool for use after the workshops).

A Line Up of Top New Zealand and International Presenters Including:

Scott Krywulycz (Australia) - Scott is one of Australia's leading Personal Trainers and has mentored many trainers on the principles of running a successful personal training business. Scott has many proven ideas to assist you to grow your personal training business.

Bronwyn McSweeney - Recognised industry leader and mentor with a wealth of experience on personal training and running your own PT business. Director of Catch Fitness which provides high quality education to the fitness and personal training industry.

Sue Fitzmaurice - CE, Skills Active the industry training organisation for fitness and the wider recreation sectors. A business advisor and mentor with over 16 years of applied business & executive management experience. Sue demonstrates strong, positive leadership and a commitment to developing individuals and corporate potential.

Tony Roddan - GM Partnerships and Business Development, Skills Active. Tony has an in-depth understanding of the issues facing industry gleaned from over 20 years experience as a club owner, facility manager and more latterly working with clubs throughout NZ developing their professional capability.

Richard Beddie - CE, FitnessNZ and club owner for 15 years. Richard provides a wealth of knowledge and ideas which he is always willing to share. Richard presents internationally on various business topics.

Book online at www.recessionbuster.co.nz before 30th May 2009!